2019 EDITION • FREE!

RESTAURANT ASSOCIATION OF NOVA SCOTIA'S

GUIDE TO FINE FOOD & DRINK



# Congratulations to the winners of the 2018 Nova Scotia Restaurant Awards

# Winners of Best Restaurant by Region

Halifax Gio

Cape Breton Governor's Pub & Eatery

Northumberland Shore Fox Harb'r Resort

South Shore Rhubarb Restaurant

Yarmouth & Acadian Shores The Hatfield House

Fundy & Annapolis Valley Avondale Sky Winery

# Winners in other categories

Best New Restaurant Antojo Tacos + Tequila

Local Food Hero Chives Canadian Bistro

Environmental Hero Trout Point Lodge

Best Decor Antojo Tacos + Tequila

Best Limited Service Award Beanie's Bistro

Influencer Award Halifax ReTales

Social Media Award Stubborn Goat Gastropub

Hospitality Award Mappatura Bistro

Drink Up Award Antojo Tacos + Tequila

Judge's Choice Bar Kismet

# Stay tuned for a chance to vote for your favourites!

More details to come. Visit our website. Nominations start summer 2019



Thank you to our 2018 sponsors

























RANS is a non-profit association that provides leadership to the hospitality industry through advocacy, partnerships and promotion since 1947. On behalf of our members, please enjoy *DiNE Nova Scotia*. You're ready to discover some of Nova Scotia's finest culinary treasures!

#### Contact RANS:

**Telephone:** 902-429-5343 / 1-800-665-3463

Email: admin@rans.ca

## **THANK YOU to our Sponsors!**







#### Welcome to DiNE Nova Scotia!

On behalf of the Restaurant Association of Nova Scotia (RANS), we welcome you to DiNE Nova Scotia, our premier restaurant and dining guide. We hope you enjoy your guide and use it to choose from our selection of unique restaurant locations across Nova Scotia.

Whether you're looking for adventure or relaxation, this beautiful province has become an acclaimed tourist destination. From our renowned seafood to our award-winning wines you will not be disappointed in our culinary offerings. Nova Scotia is home to an impressive and growing collection of wineries, breweries, distilleries, and cideries, and without a doubt, restaurants. Whatever you are looking for, you are sure to find it.

RANS proudly supports our members and we are excited for you to visit the many restaurants across our province and indulge your taste buds in our regional cuisine. Whether you're in search of a casual meal or a more formal dining experience, we are certain you will have an unforgettable experience. We hope you enjoy the warm hospitality that our province is known for and that you discover our beautiful coastal landscape. Consider this guide an invaluable travel companion to assist you along the way.

The DiNE Nova Scotia guide is also available in electronic format at **www.DineNS.ca**. For more information, our website offers an extensive list of restaurants throughout the province. We encourage you to sign up for our BITE Foodie newsletter at **www.DineNS.ca** so you can keep up to date with the latest food and beverage news.

Take your time to explore, discover, eat, drink, and savour the moment. We want you to have the best dining experience possible, so please feel free to let us know how we can enhance the presentation of this dining quide by sending your feedback to admin@rans.ca.

Dan Tanner President

Restaurant Association of Nova Scotia

#### The Chronicle Herald

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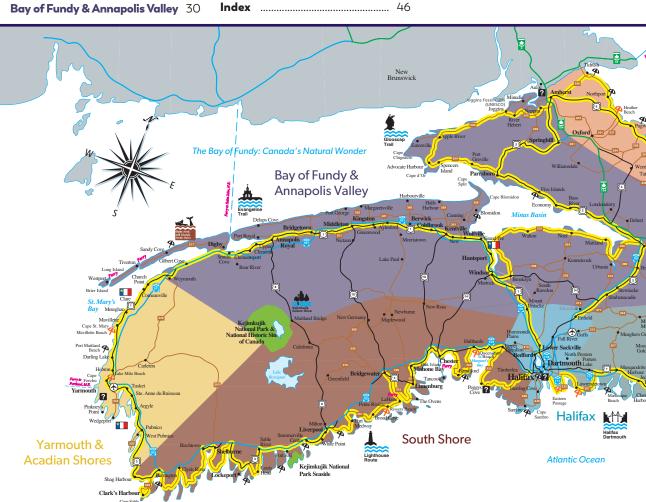
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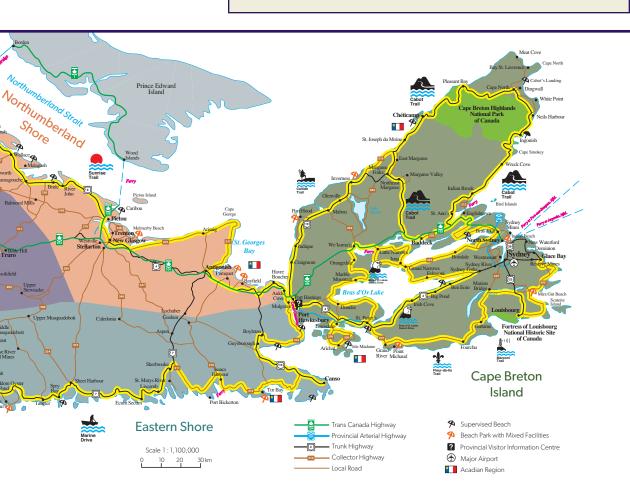
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# **Services Legend**

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# An Imbibe retrospective

By Mark DeWolf

The Restaurant Association of Nova Scotia annually brings together the province's best bartenders to showcase their cocktail-making talents at the Imbibe: A Cocktail Event. Each year, attendees and judges vote on their favourite cocktails. Enjoy our retrospective of past winning drinks.

# 2019 Lolita

**By Annie Murray** (Antojo Tacos + Tequila)

#### 2 Servings

11/2 oz Casamigos Reposado 1/4 oz Amaretto

1/2 oz maple orgeat\*

1/4 oz agave syrup

1/2 oz fresh lime juice

4 drops rose water

2 dashes Angostura bitters

#### Directions:

- 1. Place all ingredients in an ice-filled shaker.
- 2. Shake well.
- 3. Double strain into coupe glasses.
- 4. Garnish with small flower.
- \* In a saucepan, combine 1 1/2 cups toasted almond milk (1 part blanched almonds, toasted: 2 parts warm water. Heat until golden brown. Purée and then strain through a cheesecloth) and add 1 1/4 cups maple syrup. Cook over mediumlow heat, stirring occasionally (about 5 minutes). Remove from heat and stir in 2 1/2 teaspoons Cognac, 2 1/2 teaspoons Amaretto and 1/2 teaspoon rosewater.

# **2018**Lost in Translation

By Shannon-Blue Anibush (Lot Six Bar

& Restaurant)
2 Servings

11/2 oz Havana Club 7YO Amber Rum

1/4 oz Cynar 1 fl oz sour mix\* 3/4 oz tamarind paste 1/4 oz simple syrup

Grapefruit twist, for garish



- **1.** Place ingredients in an ice-filled cocktail shaker.
- 2. Shake and then strain into a cocktail glass.
- 3. Garnish with a grapefruit twist.
- \* Shannon recommends a sweet and sour mix using lime and grapefruit as the citrus base.



# **2017** Vanity's Affair

**By Andy Dunphy** (Little Oak)

2 Servings

11/4 oz reposado tequila 3/4 oz amaro

(Italian bitter liqueur)

3/4 oz fresh lime juice

1/3 oz fresh pineapple juice

1/3 oz passionfruit puree

1/3 oz passionfruit puree

1/3 oz ancho chili black pepper syrup

1/4 oz Bottleneck Concentrated Cold Brew Coffee

Candied lime peel

Chuncho Bitters

#### Directions:

- Pour all the ingredients into a shaker tin, fill with ice and shake hard for approximately 7 seconds.
- **2.** Fine strain into an old-fashioned glass on the rocks.
- **3.** Garnish with candied lime peel and a spritz of Chuncho Bitters.



# **2016** The Betty

**By Adam Foley** (Level Bar, The Prince

George Hotel)

1 Servina

3/4 oz Citadelle Gin

3/4 oz St. Gemaine Elderflower Liqueur

1 oz egg white

1tsp dehydrated honey dust\*

1 oz Bergamot Sherry Syrup\*\*

1/2 oz fresh lemon juice

1/2 oz fresh oange Juice

1 oz tonic water

Sprinkle hand crushed lavender (optional)
House made cracker (optional)

#### Directions:

- **1.** Place all ingredients in a Boston shaker and dry shake for a count of 10.
- **2.** Add ice and continue to shake for count of 10.
- 3. Double strain into coupe glass.
- **4.** Garnish with a sprinkle of hand crushed lavender pedal and house made cracker.
- \* Honey dust is simply dehydrated honey. Omit if you can't find.
- \*\* Bergamot is difficult to find. For a substitute, double the amount of lemon and orange juice used and add 1/4 fluid ounce of Dry Sack Sherry.





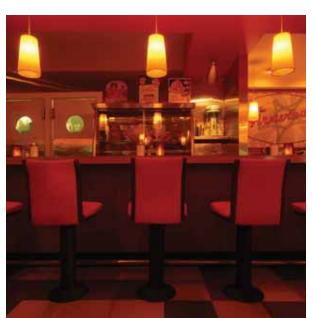
# **Halifax Metro**



Big city taste.

Hometown service.





# **Armview Restaurant & Lounge**

FAMILY RESTAURANT



We are thrilled to be celebrating our 67th anniversary this year and our success is thanks to our loyal customers. We offer weekly feature burgers, creative lunch and dinner specials and a Hali-famous brunch with a unique benny every weekend. The Armview is an ideal location to hold intimate events such as birthday or anniversary parties, wine tastings and fundraisers to name a few. A recent kitchen renovation has enabled us to extend our catering and a la carte menus as well as increase our beer on tap with rotating local brews. Monday to Wednesday: 11am-Midnight, Thursday to Sunday: 8:30am-Midnight.

7156 Chebucto Road, Halifax 902-455-4395 | www.thearmview.com





## 2 Doors Down

RESTAURANT / CASUAL



Your neighbourhood restaurant in the heart of downtown! Chef Craig Flinn and his team collaborate to bring a fresh, modern style to casually inspired fare. We believe the simplest and most familiar dishes can be prepared in ways that they commit to memory as outstanding. Our menus change with the seasons, showcasing familiar to globally-inspired flavours using local ingredients first.

1533 Barrington Street, Halifax 902-422-4224 | www.go2doorsdown.com



# **The Auction House**

RESTAURANT / PUB



26 taps of Atlantic Canada's best craft beer as well as a great selection of hand-crafted food. The Auction House is a casual and comfortable environment that has great energy to relax with friends. The venue is laid out on three raised levels, each a few steps up from the other. Monday to Friday: 11:30am to late, Saturday and Sunday: 10am to late.

1726 Argyle Street, Halifax 902-431-1726 | www.auctionhousehalifax.com



# **BeaverTails Halifax Waterfront**

TAKE-OUT / CASUAL

BeaverTails are truly one of a kind; a uniquely delicious pastry reserved for those special moments that make lifelong memories. These whole-wheat pastries are both crispy and chewy, served piping hot with one of our sweet topping options. They're hand-stretched, served fresh, and wildly delicious! Don't miss out — our special, seasonal hours are May, June, Sept., Oct. 11am-8pm; July and Aug. 10am-10pm, weather permitting.

1549 Lower Water Street, Halifax 902-789-3066 | www.beavertails.com



# **Brewsters Bar & Grill**

RESTAURANT / PUB

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Brewsters bar and grill offers pub food, daily specials and entertainment on the weekends. We also have an off-track betting room and VLTs for entertainment. Monday to Saturday: 10am-12am, Sunday: 12pm-12am.

961 Bedford Highway, Bedford 902-832-0032 | www.brewstersbarandgrill.ca



## The Chickenburger

FAMILY / DINER / TAKEOUT

& **™**IF@ **Y** 

A local tradition since 1940, The Chickenburger is still a destination for families and friends alike, and heralded as the oldest drive-in diner in Canada. The chicken recipe, crafted in 1940, that made us famous, is still used to today to ensure customers keep coming back for the same great taste. Sunday to Thursday: 9am-10pm, Friday to Saturday: 9am-11pm.

1531 Bedford Highway, Bedford www.chickenburger.com



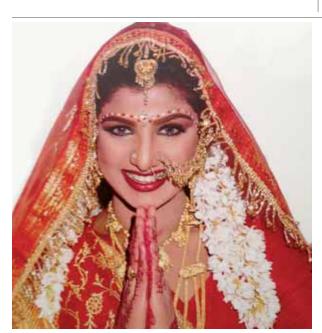
# **Chives Canadian Bistro**

UPSCALE / CASUAL



Chef Craig Flinn, along with Chef de cuisine Jameson Braun and their team, create seafood and farm-forward cooking, using local ingredients first. Classic Nova Scotian and European cooking traditions, mix with modern contemporary style to inspire ever-changing seasonal menus and daily specials. Guests enjoy great food, drink and friendly, professional service in an upscale casual dining room. Join us daily 5pm-9:30pm.

1537 Barrington Street, Halifax 902-420-9626 Lwww.chives.ca



# **Curry Village Restaurant**

FAMILY RESTAURANT



Recommended in Where to Eat in Canada as "the best Indian restaurant in Halifax," we offer authentic Indian cuisine served by experienced waitstaff and creative chefs in a charming setting. We even had the honour of serving the 2006 Nobel Peace Prize winner Dr. Muhammad Yanus who had nothing but praise for his dining experience. A separate room is available for up to 20 people for any occasion. Cruise ship groups get special discounts. Call for details. Catering to large and small groups also available. Take out and delivery available. Small patio in the summer.

1569 Dresden Row Courtyard, Halifax 902-429-5010 | www.curryvillage.ca



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/DarrellsResto



@DarrellsRestaurant

5576 FENWICK ST. | 902.492.2344 | DARRELLSRESTAURANTS.COM



# The Esquire Restaurant

FAMILY RESTAURANT / SEAFOOD



Great food at affordable prices. This landmark diner on the Bedford Highway, across from Clearwater, is a local favourite. We offer fast, friendly service and great home-cooked meals. Specialties include seafood chowder, lobster sandwiches, assorted dinner platters and desserts. Our chowder made us famous. Our landmark sign made us a legend. Our service made us family. Open daily 7:30am-8pm.

772 Bedford Highway, Bedford 902-835-9033 | www.esquirerestaurant.ca



# The Five Fishermen

SEAFOOD / FINE DINING



The Five Fishermen Restaurant is an iconic Halifax seafood restaurant, famous not only in Atlantic Canada, but across the country and beyond. The restaurant has an upscale casual environment that is modern and sophisticated, but with decades of history. The Five Fishermen is housed in a building that was originally constructed as Snows Funeral Home and a school house in 1817. The restaurant offers a menu that is locally sourced and seasonally inspired. All dishes prepared daily with the freshest ingredients! Monday to Sunday: 5pm-10pm.

1740 Argyle Street, Halifax 902-422-4421 | www.fivefishermen.com



1579 Grafton Street

Summit Plaza, Lwr. Water Street

1567 Grafton Street

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# **Grafton Street Dinner Theatre**

FAMILY RESTAURANT / SEAFOOD

**₹**₩**X**f0**y** 

Grafton Street Dinner Theatre is Halifax's most unique dining experience. Our shows are light-hearted musical comedies where the audience is part of the show! We are proud to offer an evening of family-friendly entertainment. Our theatre is located on the third floor and is accessible via stairs or elevator. We write, direct and produce in-house and our actors are professionals. We also prepare all the food in our own kitchen. Nightly shows upon demand. Box Office Hours: Monday to Saturday: 12pm-5pm.

1741 Grafton Street, Halifax 902-425-1961 | www.graftonstdinnertheatre.com





LOUNGE / BEVERAGE ROOM / NIGHTCLUB & P & X F @ Y

Hide from reality and seek to add some fun back into your social life with our new urban loft Hide+Seek. One of the most interesting aspects of Hide+Seek is its versatility, offering something for all. The cocktail vibes flow from 9pm, as customers sit sipping from our menu, enjoying the music from our resident DJs. Later our DJ team takes over and builds the tempo with some old school RnB, Funk & Soul and Hip Hop classics until 3:30am. Then back to reality but don't worry, we'll be waiting for you to find us again. Friday and Saturday: 9pm-3:30am.

1737 Grafton Street, Halifax 902-414-9486 | www.hideseekhfx.com



# Jamieson's Irish Pub

PUB / RESTAURANT



We are Metro Halifax's oldest Irish establishment (est.1999), serving chef-prepared, scratch-made fare with a flare, 16 beer on tap including 14 local craft brewers, great wines by the glass, and Dartmouth's largest variety of Irish and Scotch Whiskies, all served up in a relaxed old world charm setting with modern industrial touches. Located in Cole Harbour, Dartmouth. Follow us on Facebook and Instagram: @jamiesonsirishpub.

5 Cumberland Drive, Dartmouth 902-433-0500 | www.jamiesons.ca



# Kempster's Cookhouse

FAMILY RESTAURANT / RESTAURANT

**₹**■?**®**▼**f**0

At Kempster's Cookhouse you can enjoy breakfast, lunch or dinner for the whole family. Our menu features more 100 home-cooked favourites just the way Mom used to make them. We know that life is better together and everyone is happiest when they're with family, whether it's immediate family, extended family or a family of friends. We treat everyone who walks through our doors like part of our family, sharing the food we love with the people we love and spending the time we have, together. Open Monday to Friday: 7:30am-8pm, Saturday: 8am-8pm, Sunday: 8:00am-7pm.

3644 Kempt Road, Halifax 902-453-0236 | www.kempsterscookhouse.ca



# Little Fish Oyster Bar

SEAFOOD / RESTAURANT



Little Fish Oyster Bar is located on the first floor of The Five Fishermen. It features great seafood, seasonal menus and daily fresh oysters. It is a versatile space and gathering point for friends, families and groups. The atmosphere is relaxed and easygoing, offering an oyster bar with live shucking. Great ambiance is provided by a 100-year-old stone foundation that makes up its walls. Monday to Thursday: 11:30am-9pm, Friday: 11:30am-10pm, Saturday: 12pm-10pm, Sunday: 12pm-9pm.

1740 Argyle Street, Halifax 902-422-4421 | www.littlefishoysterbar.ca



## Le Bistro By Liz

RESTAURANT / BISTRO



At Le Bistro By Liz, you will find a bit of old world French charm in the heart of Halifax. Only one block from Spring Garden Road, enjoy the relaxed atmosphere, hear the buzz of friendly conversation and experience the best in customer service. Our cozy full-of-life restaurant features Parisian café fare including fresh local seafood, crepes and sumptuous desserts. We are open seven days a week. Weekend brunch includes a complimentary Mimosa, Bloody Mary or Caesar. Unwined Wednesday nights feature an 8oz glass for a 5oz price. Live entertainment Wednesday through Saturday nights.

Voted Best Brunch and Lunch Spot in Halifax Metro Community Choice awards 2017. Awarded Best Large Restaurant in Nova Scotia by the Restaurant Association of Nova Scotia in 2017. Voted Top French Restaurant in Halifax on Trip Advisor 2017, 2018 and 2019.

Join us at Le Bistro by Liz for quick lunches, great brunches and evenings that never end.

1333 South Park Street, Halifax 902-423-8428 | www.lebistrohalifax.com



#### **Morris East**

UPSCALE / CASUAL



We are passionate about pizza, wine and hospitality. Morris East specializes in a California thin-style crust, artisanal pizzas. Our team travels every year to the International Pizza Expo to compete in the International Pizza Competition. In 2015 we had a third place finish, beating out stiff competition from all over the world. Enjoy our award-winning "Pear Pizza" with fun cocktails, craft beer, unique wines and delightful staff. Add music to your dining experience with live jazz, compliments of Mike Cowie on Sunday nights at our Bedford location and Thursday nights at our Vernon Street Location.

5212 Morris Street, Halifax 1984 Vernon Street, Halifax 620 Nine Mile Drive, Bedford (Wheelchair Accessible) 902-444-7663 | www.morriseast.com



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**DARTMOUTH CROSSING** 9 Countryview Dr | 902 406 0044





# **Redwood Grill**

FAMILY RESTAURANT / RESTAURANT



Redwood Grill creates meals with the freshest ingredients possible, prepared with care when you order. You will find a warm, contemporary atmosphere with an exceptional, yet affordable, dining experience. Breakfast served daily: 7am–11am. Saturday and Sunday Brunch: 7am–3pm.

30 Fairfax Drive, Halifax 902-446-4243 | www.redwoodgrill.ca



# **Riverside Pub & Eatery**

FAMILY RESTAURANT / PUB



Riverside Pub & Eatery is where you can enjoy great food, great friends and good times. It is among the best pubs and places to eat in Halifax. Monday and Tuesday: 11:30am-10pm, Wednesday to Saturday: 11:30am-12am, Sunday: 12pm-10pm.

1552 Bedford Highway, Bedford 902-835-1648 | www.riversidepub.ca



# **Rockbottom Brewpub**

RESTAURANT / BREWPUB



At the Rockbottom Brewpub we don't just love craft beer we live it. From our award winning house crafted beers to our ever changing special editions we have a beer for every palate. You'll also find our beer in many of our inspired and sophisticated menu items. Our extensive menu features everything from hand crafted burgers to fresh lobster dinners, to house made pasta and everything in between.

Winner of the Atlantic Canadian Beer awards Brewpub of the year 2014 and 2015  $\,$ 

5686 Spring Garden Road, Halifax 902-423-2938 | www.rockbottombrewpub.ca



# The Roxbury Urban Dive Bar

PUB / CASUAL



Roxbury Urban Dive Bar is everyone's go-to spot for drinks, tasty food, energetic staff and electric atmosphere. Dive into a menu where every item costs just \$5.

Located across the street from the Scotiabank Centre, serving you late night eats and beats!

Monday to Wednesday: 11:30am-12am Thursday to Sunday: 11:30am-3:30am

1741 Grafton Street, Halifax 902-421-1655 | www.roxburyhfx.com



## **Stories Restaurant**

#### (The Halliburton Hotel)

SEAFOOD / FINE DINING



Signature seafood and game cuisine in the relaxed elegance of Halifax's best small hotel. Private dining available, shaded garden court. Rated 2/3 stars from "Where to Eat in Canada 2019."
Tuesday to Saturday: 5pm-9pm.

5184 Morris Street, Halifax 902-444-4400 | www.storiesdining.com



# **Steak and Stein Family Restaurant**

CASUAL / FAMILY RESTAURANT



Home of the original Derby-style steak, a secret marinade adding flavour and tenderness. Along with steak we offer tasty barbeque ribs, seafood and chicken. Recommended best location for large-group dining. Metro's most popular priced breakfast, lunch and dinner destination, celebrating our 45th year. Breakfast is served daily until 4pm.

6061 Young Street, Halifax | 902-454-8814 620 Portland Street, Dartmouth | 902-434-8814



# **Sunnyside Restaurant**

FAMILY RESTAURANT / CASUAL



Sunnyside; one of the busiest and best Bedford restaurants in Nova Scotia for a classic family style dinner. Sunnyside offers great food and fast, friendly service. Monday to Thursday: 7am-7:30pm, Friday and Saturday: 7am-8pm, Sunday: 7am-7pm.

1552 Bedford Highway, Bedford 902-835-7204 | www.sunnysidebedford.ca



# **True North Diner**

FAMILY RESTAURANT / DINER



The True North Diner offers a bright, clean 1950s style dining experience. Our food is prepared with fresh ingredients — hamburger from local beef, real roasted turkey, diner-baked ham, fresh-cut fries and fish from local waters. Even our hamburger buns are baked fresh in a local bakery especially for us. Come in and take a trip down memory lane while enjoying friendly service and great food! Monday to Friday: 11:30am-8pm, Saturday: 9:30am-8pm, Sunday: 9:30am-7pm.

1658 Bedford Highway, Bedford 902-832-1950 | www.truenorthdiner.com



#### Your Fathers Moustache

RESTAURANT / PUB



For more than two decades Your Fathers Moustache has been a Halifax staple for award winning food, a fantastic atmosphere, top service and the best roof top patio in the city. On top of that we craft our own beer in house as well as offer a huge selection of craft beers from brewers around the province. Join us at the Moustache for great times with great friends.

5686 Spring Garden Road, Halifax 902-423-6766 | www.yourfathersmoustache.ca



# HALIFAX METRO MEMBERS

#### 1862

RESTAURANT / LOUNGE 1682 Hollis Street, Halifax

# 2 Doors Down/ 2 Doors Down Bar + Bites UPSCALE / CASUAL

1533 Barrington Street, Halifax 902-422-4224 See ad on page 10

#### Antojo Tacos & Tequila

RESTAURANT / BAR 1667 Argyle Street, Halifax 902-405-2790 See ad on page 13

# The Arms Public House (Lord Nelson Hotel)

PUB 1515 South Park Street, Halifax 902-420-9781

#### Armview Restaurant

RESTAURANT / LOUNGE 7156 Chebucto Road, Halifax 902-455-4395 See ad on page 9

#### **Athens Restaurant**

FAMILY RESTAURANT 6273 Quinpool Road, Halifax 902-422-1595

#### The Auction House

PUB / FAMILY RESTAURANT 1726 Argyle Street, Halifax 902-431-1726 See ad on page 10

#### Barrington Steakhouse & Ovster Bar

UPSCALE / CASUAL 1662 Barrington Street, Halifax 902-407-5001 See ad on page 9

#### Bâton Rouge

FAMILY RESTAURANT 1877 Hollis Street (Morse's Teas), Halifax 902-407-0007

#### The Bicycle Thief

UPSCALÉ / CASUAL 1475 Lower Water Street, Halifax 902-425-7993

#### Bistro Le Coa

UPSCALE / CASUAL / BISTRO 1584 Argyle Street, Halifax 902-407-4564

#### The Bitter End

MARTINI BAR / RESTAURANT 1572 Argyle Street, Halifax 902-425-3039

#### Bluenose II Restaurant

FAMILY RESTAURANT 1824 Hollis Street, Halifax 902-425-5092

#### Brewster's Bar & Grill

BAR / GRILL 961 Bedford Highway, Bedford 902-832-0032 See ad on page 10

#### The Butcher's Block Pub + Eatery

UPSCALE / CASUAL 540 Southgate Drive, Bedford 902-407-0077

#### Cabin Coffee

CAFÉ 1554 Hollis Street, Halifax 902-422-8130

#### Café Chianti

RESTAURANT 1241 Barrington Street, Halifax 902- 423-7471

#### Café Lara

CAFÉ 2347 Agricola Street, Halifax 902-406-5272

#### Canvas Resto & Lounge (Cambridge Suites Hotel)

RESTAURANT / LOUNGE 1583 Brunswick Street, Halifax 902-425-4278

#### The Carleton

BAR / GRILL 1685 Argyle Street, Halifax 902-422-8340

#### Celtic Corner

PUB 69 Alderney Drive, Dartmouth 902-464-0764

# Chameleon Cafe & Supper Club

7071 Bayer's Road, Halifax 902-431-2433

# The Chickenburger DINER / TAKE OUT

1531 Bedford Highway, Bedford 902-835-6565 See ad on page 11

#### Chives Canadian Bistro

UPSCALE / CASUAL 1537 Barrington Street, Halifax 902-420-9626 See ad on page 11

#### **Curry Village**

FAMILY RESTAURANT 1569 Dresden Row, Halifax 902-429-5010 See ad on page 17

#### **CUT Steakhouse**

FINE DINING 5120 Salter Street, Halifax 902-429-5120

#### daMaurizio

FINE DINING 1496 Lower Water Street, Suite 119 Halifax 902-423-0859

#### Darrell's Restaurant

FAMILY RESTAURANT / DINER 5576 Fenwick Street, Halifax 902-492-2344 See ad on page 12

#### **Durty Nelly's Irish Pub**

PUB 1660 Argyle Street, Halifax 902-406-7640 See ad on page 13

#### Ela! Greek Taverna - Dartmouth

FAMILY RESTAURANT 150 Hector Gate, Dartmouth 902-481-7999

#### Ela! Greek Taverna - Bayers Lake

FAMILY RESTAURANT 215 Chain Lake Drive, Unit 1A, Halifax 902-876-8899

#### Eliot & Vine

UPSCALE / CASUAL / RESTAURANT / LOUNGE 2305 Clifton Street, Suite 6, Halifax 902-332-1557

#### **Encore** (Inn on The Lake)

RESTAURANT / LOUNGE / UPSCALE / CASUAL 3009 Highway 2, Fall River 902-861-3480

#### The Esquire Restaurant

RESTAURANT / DINER 772 Bedford Highway, Halifax 902-835-9033 See ad on page 12

#### **Finbars**

PUB 1595 Bedford Highway, Bedford 902-832-9170

#### The Five Fishermen Restaurant

FINE DINING 1740 Argyle Street, Halifax 902-422-4421 See ad on page 12

#### Fresh Twenty-One

(Akerley Campus, NSCC)
DINING ROOM

21 Woodlawn Road, Dartmouth 902-491-4961

#### Gahan House Harbourfront

PUB 1869 Upper Water Street, Halifax 902-444-3060 See ad on page 14

#### Gio

#### (The Prince George Hotel)

FINE DINING 1725 Market Street, Halifax 902-425-1987

#### The Gorsebrook Lounge

PUB 923 Robie Street, Halifax 902-496-8712

# The Grill at Glen Arbour (Glen Arbour Golf Course)

DINING ROOM 165 Hammonds Plains Road, Bedford 902-835-4653

#### **Grounded Coffee Bar**

COFFEE BAR 1869 Upper Water Street, Halifax 902-444-3060

#### **Halifax Alehouse**

1717 Brunswick Street, Halifax 902-423-6113

#### The Halifax Club

FINE DINING 1682 Hollis Street, Halifax 902-407-1112

#### Hamachi Kita Sushi & Asian Flare

FAMILY RESTAURANT 5537 Young Street, Halifax 902-431-5543

#### Harbour City Bar & Grill (Delta Halifax)

RESTAURANT / BAR / GRILL 1990 Barrington Street, Halifax 902-492-6443

# Harbourstone Sea Grill & Pour House

# (Halifax Marriott Harbourfront Hotel) RESTAURANT / BAR / LOUNGE

1919 Upper Water Street, Halifax 902-428-7852

#### **Heartwood Restaurant**

CASUAL 6250 Quinpool Road, Halifax 902-425-2808

#### HFX Sports Bar & Grill

CABARĒT / BAR / GRIIL 1721 Brunswick Sreet, Halifax 902-404-1404

#### Hide + Seek Nightclub

CABARET / BAR 1735 Grafton Street, Halifax 902-414-9486 See ad on page 15

# HopYard

RESTAURANT / LOUNGE 2103 Gottingen Street, Halifax 902-444-2467

#### Il Mercato

UPSCALE / CASUAL 1595 Bedford Highway, Bedford 902-832-4531

#### II Trullo

UPSCALE / CASUAL 67 Kings Wharf Place, #102, Dartmouth 902-461-2030

#### **Java Blend Coffee Roasters**

CAFÉ 6027 North Street, Halifax 902-221-7773

#### Kempsters Cookhouse & Eatery

FAMILY RESTAURANT 3644 Kempt Road, Halifax 902-453-0236 See ad on page 15

#### La Frasca Cibi & Vini

FINE DINING 5650 Spring Garden Road, Halifax 902-422-2866

# Le Bistro by Liz

1333 South Park Street, Halifax 902-423-8428 See ad on page 16

#### The Little Fish Oyster Bar BAR / GRILL

1740 Argyle Street, Halifax 902-422-4421 See ad on page 15

#### Locas Billiards BAR / GRILL

5171 George Street, Halifax 902-423-2522

#### Look Ho Ho

FAMILY RESTAURANT 6420 Bayers Road, Halifax 902-455-5479

#### The Loose Cannon

PUB 1566 Argyle Street, Halifax 902-407-8797

#### Lot Six Bar & Restaurant

UPSCALE / CASUAL 1685 Argyle Street, Halifax 902-428-7428

#### Lucky Italiano

CASUAL DINING 23 Water Street, Halifax 902-798-5999

#### Mappatura Bistro

BISTRO 5883 Spring Garden Road, Halifax 902-407-5502

#### McKelvie's

UPSCALE / CASUAL 1680 Lower Water Street, Halifax 902-421-6161

#### MicMac Bar and Grill

BAR / GRILL 217 Waverley Road, Dartmouth 902-434-7600

#### Morris East

UPSCALE / CASUAL 5212 Morris Street, Halifax 1984 Vernon Street, Halifax 620 Nine Mile Drive, Bedford 902-444-7663 See ad on page 16

#### Moxie's Grill & Bar

BAR / GRILL 9 Countryview Drive, Dartmouth 902-406-0044 See ad on page 17

#### Murphy's Restaurant & Patio (Murphy's - The Cable Wharf)

FAMILY RESTAURANT 1751 Water Street, Halifax 902-420-1015

#### The Old Apothecary

COFFEE SHOP / BAKERY 1549 Barrington Street, Halifax 902-423-1500

#### The Old Triangle Irish Alehouse

PUB / DINING ROOM 5136 Prince Street, Halifax 902-497-4900

#### Patrons Bar & Grill

RESTAURANT / LOUNGE 105-27 Dellridge Lane, Bedford 902-829-8888

## Pavia Gallery - Espresso Bar & Café

1723 Hollis Street, Halifax 902-407-4008

#### Piatto Pizzeria + Enoteca

RESTAURANT / CASUAL 5144 Morris Street, Halifax 902-406-0909

#### The Pint

PUB 1575 Argyle Street, Halifax 902-405-7468

#### The Press Gang

FINE DINING 5218 Prince Street, Halifax 902-423-8816

#### Rasa: Flavours of India

RESTAURANT / CASUAL 1542 Birmingham Street, Halifax 902-423-5995

# The Redwood Grill (Future Inns Halifax)

BAR / GRILL 30 Fairfax Drive, Halifax 902-446-4243 See ad on page 18

#### **Resto Urban Dining**

UPSCALE CASUAL 1516 Bedford Highway, Bedford 902-832-1088

#### Ristorante a Mano

CASUAL DINING 1477 Lower Water Street, Halifax 902-423-6266

#### The Riverside Pub & Eatery

1552 Bedford Highway, Bedford 902-835-1648 See ad on page 18

#### The Roxbury

RESTAURANT / BAR 1743 Grafton Street, Halifax 902- 421-1655 See ad on page 18

#### Salty's Restaurant

DINING ROOM 1869 Upper Water Street, Halifax 902-423-6818

#### Sea Smoke Restaurant & Bar

RESTAURANT / BAR 1477 Lower Water Street, Halifax 902-406-1051

#### Seasons by Atlantica (Atlantica Hotel Halifax)

RESTAURANT / LOUNGE 1980 Robie Street, Halifax 902-490-3331

#### Shuck Seafood + Raw Bar

UPSCALE / CASUAL 5120 Salter Street, Halifax 902-429-5120

#### The Split Crow Pub

PUB 1855 Granville Street, Halifax 902-422-4366

#### Station Six Food & Drink

RESTAURANT / CASUAL 247 Herring Cove Road, Halifax 902-477-1556

#### Stayner's Wharf Pub & Grill

CASUAL DINING 5075 George Street, Halifax 902-492-1800

#### Steak and Stein Family Restaurant

FAMILY RESTAURANT 6061 Young Street, Halifax 902-454-8814 See ad on page 19

# Stories

(The Halliburton Halifax Hotel)

UPSCALE / CASUAL 5184 Morris Street, Halifax 902-444-4400 See ad on page 19

#### Stubborn Goat Beer Garden

BEER GARDEN / OPEN AIR RESTAURANT 1549 Lower Water Street, Halifax See ad on page 13

## The Stubborn Goat Gastropub

UPSCALE / CASUAL 1579 Grafton Street, Halifax 902-405-4554 See ad on page 13

#### Studio East

UPSCALE / CASUAL 6021 Cunard Street, Halifax 902-449-9800

#### **Sunnyside Restaurant**

FAMILY RESTAURANT 1552 Bedford Highway, Bedford 902-835-7204 See ad on page 19

#### Sunnyside Too Restaurant

FAMILY RESTAURANT 1552 Bedford Highway, Bedford 902-835-7204 See ad on page 19

#### Tempo Food & Drink (Delta Barrington)

UPSCALE / CASUAL 1875 Barrington Street, Halifax 902-428-3676

#### Tony's Donair

TAKÉ-OUT 2390 Robie Street, Halifax 902-422-4833

#### Trendz Restaurant & Wine Bar (Best Western Plus Hotel Dartmouth)

UPSCALE / CASUAL 15 Spectacle Lake Drive, Dartmouth 902-446-3782

#### Truck-side Food Truck Food Court

FOOD COURT 600 Windmill Drive, Dartmouth 902-446-4400

#### True North Diner

FAMILY RESTAURANT 1658 Bedford Highway, Halifax 902-832-1950 See ad on page 20

## Upstreet BBQ Brewhouse

RESTAURANT / CASUAL 612 Windmill Road, Dartmouth 902-407-4344

#### Vernon's Thunderbird Diner

FAMILY RESTAURANT / DINER 2094 Hammonds Plains Road, Halifax 902-832-9999

#### The Watch that Ends the Night

UPSCALE / CASUAL 104-15 Kings Warf Place, Dartmouth 902-402-9009

#### **Waterfront Warehouse**

UPSCALE / CASUAL / SEAFOOD 1549 Lower Water Street, Halifax 902-425-7610

#### The Wooden Monkey

UPSCALE / CASUAL 40 Alderney Drive, Suite #305, Dartmouth 902-466-3100

# South Shore





Serving up seafood daily.



# **Bridgewater Local Public House**

RESTAURANT / PUB / TAKE-OUT / CASUAL / SPORT BAR



Pub and restaurant offer delicious burgers and classics. We also have VLTs for entertainment. Monday to Sunday: 10am-10pm.

421 Lahave Street, Bridgewater 902-543-1286 | www.bridgewaterlocals.ca



# The Rope Loft Restaurant, Pub & Marina

RESTAURANT / PUB



If there's a place that inspires folks to quit their jobs and move to Chester, the Rope Loft is it. And if food really does taste better outside,then imagine deck chair dining where the conversations you overhear are people on a passing sailboat. Fresh seafood washed down with an icecold, local draft. Heaven is at sea level. Open: April 11 to November 3.

36 Water Street, next to the Tancook Ferry Wharf, Chester 902-275-3430 | www.ropeloft.com



# The Sou'Wester Restaurant & Gift Shop

FAMILY RESTAURANT / SEAFOOD



Our hilltop dining room, overlooking the village of Peggy's Cove and the lighthouse, serves traditional meals including seafood chowder, fresh lobster from our pound, baked beans, fish hash and homemade ginger bread. Our gift shop offers an extensive selection of local handcrafts and gifts. Complimentary Wi-Fi while you shop or dine. Summer hours 8:30am-9om. Off season 11am-4om.

178 Peggy's Point Road, Peggy's Cove 902-823-2561 | www.peggys-cove.com



# White Gate Inn & Restaurant

RESTAURANT / FINE DINING



White Gate draws from, and is inspired by, the rich palette of fresh, local ingredients in the creation of flavourful, contemporary Nova Scotian cuisine. Located in the heart of historic Chester, Nova Scotia. Open from May through October, as well as for Christmas and New Years.

28 Pleasant Street, Chester 902-275-4400 | www.whitegate.ca

#### **SOUTH SHORE MEMBERS**

#### **Bridgewater Local Public House**

BAR & GRILL

421 Lehave Street, Bridgewater 902-543-1286 See ad on page 24

#### **Charlotte Lane**

UPSCALE / CASUAL 13 Charlotte Lane, Shelburne 902-875-3314

#### Elliot's Dining Room (White Point Beach Resort)

DINING ROOM 75 White Point Road, White Point 1-800-565-5068

#### The Fo'c'sle Tavern

PUB 42 Queen Street, Chester

902-275-2154

#### Grand Banker Bar & Grill

RESTAURANT / LOUNGE / BAR & GRILL 82 Montague Street, Lunenburg 902-634-3300

#### Kate's Sweet Indulgence Caterina & Café

CATERING / CAFE 242 Lincoln Street, Lunenburg 902-640-3399

#### The Kiwi Café

CASUAL CAFE 19 Pleasant Street, Chester 902-275-1492

#### La Vista (Oak Island Resort & Conference Centre)

DINING ROOM 36 Treasure Drive, Western Shore 902-627-2600

#### Lane's Privateer

RESTAURANT / LOUNGE 27 Bristol Avenue, Liverpool 902-354-3456

#### LannaThai Kitchen + Bar

RESTAURANT / LOUNGE 547 King Street, Bridgewater 902-543-4611

#### Old Fish Factory & Ice House Bar

RESTAURANT / LOUNGE 68 Bluenose Drive, Lunenburg 902-634-3333

# The Quarterdeck Beachside Villas & Grill

DINING ROOM 7499 Route 3 Summerville Beach, Port Mouton 902-683-2998

#### The Rope Loft

RESTAURANT / PUB 36 Water Street, Chester 902-275-3430 See ad on page 24

#### **Shore Club Lobster Supper**

FAMILY RESTAURANT / SEAFOOD 250 Shore Club Road, Hubbards 902-857-9555

# The Sou'Wester Restaurant & Gift Shop

RESTAURANT 178 Peggy's Point Road, Peggys Cove 902-823-2561 See ad on page 24

#### Trellis Café

UPSCALE / CASUAL / FAMILY RESTAURANT 22 Highway 3, Hubbards 902-857-1188

#### White Gate Inn & Restaurant

FINE DINING / CATERING / LOUNGE 28 Pleasant Street, Chester 902-275-4400 See ad on page 24





# How to eat a lobster like a local

By Mark DeWolf

You've arrived in Nova Scotia, the land of fabulous seafood. For many visitors a meal of freshly steamed Nova Scotia lobster is a must do. We agree. Here are our tips for eating lobster like a local.

- 1. Grab the lobster by the body. Twist off the tail, claws and legs.
- 2. Hold the tail and snap off the flippers.
- Insert a fork where the flippers broke off. Push the meat out in one piece. Remove the vein.
- 4. Twist off the claws.
- Using a lobster cracker, split the claw at about its mid-point. You can also use a mallet and hit the claw until it cracks.

- 6. Remove the claw meat.
- 7. Remove the legs. There's no elegant way to get the meat out of these. The best course of action is to suck the meat out treating the legs as a straw.
- 8. Unhinge the back from the body. Expect to find some green tomalley (the lobster's liver) here. Some people consider this the tastiest part, while others choose not to eat it. It's up to you.
- **9.** Now dunk your lobster in some melted butter.
- **10.** Enjoy it like a local with a pint of craft beer or a glass of Nova Scotia white wine.



# Yarmouth & Acadian Shores





Experience something extraordinary



# Rudder's Seafood Restaurant & Brew Pub

PUB / BEVERAGE ROOM



At Yarmouth's most popular meeting place, soak up the ambiance as you dine on fresh seafood and sip premium brewed beers at southwest Nova Scotia's only microbrewery restaurant. The 18th century beamed ceilings and thick plank floors of Rudder's Seafood Restaurant are part of the draw for thousands of locals and tourists annually. Weekly entertainment and private dining rooms add to this establishment's popularity. Lobsters are available year round. Reservations suggested.

96 Water Street, Yarmouth 902-742-7311 | www.ruddersbrewpub.com



# YARMOUTH & ACADIAN SHORES MEMBERS

#### Gale's Eatery (Rodd Grand Yarmouth)

FAMILY RESTAURANT 417 Main Street, Yarmouth 902-881-3015

#### The Hatfield House

DINING ROOM 8132 Highway 3, Tusket 902-648-1888

#### Rudder's Seafood Restaurant & Brew Pub

RESTAURANT / PUB 96 Water Street, Yarmouth 902-742-7311 See ad on this page.

#### Trout Point Lodge

UPSCALE / CASUAL 189 Trout Point Road, East Kemptville 902-761-2142

# Saving the world, one bite at a time

Meet four local chefs who are incorporating sustainable options on their menus

By Suzanne Bartlett

#### **Ardon Mofford** Governor's Pub. Sydney

"Here at the Governor's Pub, we specialize in seafood, so we source everything we use from local fisherman. More than

80 per cent of our menu features local ingredients — seafood, produce, whatever's in season, we use We're so fortunate to be able to use sustainably sourced lobster and crab which is delivered fresh, right to our door (and that means less of a carbon footprint by trucking in food from other places). We use cold water shrimp from Louisboura Seafoods, local maple syrup and honey as natural sweeteners in our recipes and the local produce and meats we use vary by season. If one of our suppliers has a local lamb or line-caught halibut, that's what you'll see on special in the restaurant. We have really great relationships with our suppliers, which allows us to pass on those fresh, in-season ingredients to our customers."



#### Chef Mark Gabrieau Gabrieau's Bistro. Antiaonish

"We have our own farm here and a really substantial compost program. We're making all of our own organic compost, which then goes back into the garden. We're producing at least 50 per cent of our own produce all summer long and into the fall and supplement our needs by buying from local farmers. We've received several environmental awards. including the Mobius Award of Environmental Excellence. We've put a lot of things in place to make a difference before they were required by the industry, so it's nice to be recognized for that. I often look at how we can do things better — having less of an impact on the Earth and the environment, so that things can remain accessible and sustainable for years to come, particularly our oceans. I make really conscious choices when buying products — first, I want the best quality, but I also need to consider: where is it coming from? What impact are the products having on the environment and how will that affect our communities?"

#### **Jason Lynch** Le Caveau Restaurant. Grand Pré

"We try to source everything we possibly can locally more specifically through

companies that are Nova Scotian owned and operated. Our main goal is economically supporting Nova Scotia businesses wherever possible. From meats to cheeses to produce, even our dry goods, we buy it all from Nova Scotia, keeping the money we spend here in the province. We use Sustainable Blue for our salmon, we carry all locally made cheeses, our produce is grown by Ted Hutten, Noggins and Taproot Farms, we get our meats from Oulton's and we go to smaller growers for specific items we need. In every instance we aim to find someone to work with directly.

Sure, buying local reduces our carbon footprint and that's important to us, but it's bigger than that — it's ensuring the sustainability of the industry. By supporting the origin of the foods we're eating, that's the best way to ensure those sustainable practices are in place. We deal directly with the farmers and that demonstrates that we truly value their top-quality products. Food is greatly undervalued by many people nowadays — and we have to get back to what's important. In order to check all of those boxes — to ensure that the foods we're eating and serving are sustainable, safe, healthy and local, we need to understand that it's going to cost a little more to get that level of quality."

#### Frederic Tandy

Ratingud French Cuisine, Halifax

"For me, the buy local movement is a great thing to embrace, Local support equals sustainability within the industry and that benefits the small farmers and meat producers. To me, it just makes sense; it's always been a way of life for me. When I was studying to be a chef in France, we were using vegetables and meats in season from local farmers and all of the restaurants were also doing that because that's a fundamental part of the process. You simply cannot have a great dish if you don't start with the best quality ingredients. That's key, We have access to so many great local products here in Nova Scotia and there are countless local meats and veg available to us. We make everything in house: cured meats, sausage, condiments, preserves — it's all made by hand with carefully chosen ingredients and we can offer those truly local products to our consumers."

# Bay of Fundy & Annapolis Valley



Vineyards & valleys. A wonderland of taste.





## **Acadian Room**

(Old Orchard Inn Resort & Spa)

DINING ROOM & BANOUETS



Large windows overlook Cape Blomidon, land and sea woven together with centuries-old Acadian dykes. Quality, local fruits and vegetables, seafood and meats professionally prepared with attention to taste and presentation. Try the tender delicacy of fresh lobster from the picturesque fishing village of Halls Harbour or savour an apple dessert with fresh fruit from our local Valley orchards. From full-service banquets for hundreds to intimate fireside dining for two, renowned for exceptional fine dining food services. Menus reflect a marriage of land and sea. Seafood is the menu highlight with specials on lobsters and Digby scallops.

153 Greenwich Road South, Wolfville 1-800-561-8090 | www.oldorchardinn.com



# Admiral Digby Inn & Restaurant

FAMILY RESTAURANT

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Enjoy local seafood, including lobster, Digby scallops and haddock, as well as steak and other meat dishes. Try Chef Thom's delicious seafood fettuccine or his famous lobster-stuffed mushroom caps. Have a drink in our lounge and dine by candlelight while the sun sets over Digby Harbour!

441 Shore Road, Digby 902-245-2531 ext. 308 | www.digbyhotels.com



# Crystany's Brasserie

UPSCALE / CASUAL



Crystany's Brasserie is a family owned and operated restaurant and is the first certified gluten free restaurant in Canada with the Cluten Free Food Program. Located on Main Street, Canning, with a rooftop patio that overlooks the habitant river. Serving homemade food prepared with local ingredients and paired with local beverages, it's a great place to visit with friends and family! Monday Closed, Tuesday to Thursday: 11am-8pm, Friday and Saturday: 11am-9pm, Sunday: 11am-3pm.

9848 Main Street, Canning 902-582-FOOD (3663) | www.crystanysbrasserie.com



# Le Caveau Restaurant

FINE DINING / CASUAL



Le Caveau is celebrating its 20th season! Located at the picturesque Domaine de Grand Pré Winery, Nova Scotia's oldest farm winery, the restaurant's menu approach is fresh, with emphasis on seasonal local ingredients with a global twist. We offer a large selection of local and international wines on our list! Open daily for lunch 11:30am-2pm, dinner 5pm-9pm. Weather depending the patio is open all day. As of Nov. 1, we are open for dinner Thursday through Saturday starting at 5pm and for brunch on Sundays 11am-2pm.

11611 Highway 1, Grand Pré | 902-542-7177 www.grandprewines.ns.ca/restaurant





# Lightfoot & Wolfville Vineyards

RESTAURANT / WINERY

The estate nurtures not only 40 acres of vineyard, but also raises heritage breed livestock and grows its own produce for the winery kitchen. The new hospitality facility, opened in 2017, features a wine shop, tasting room, wood-fired pizza oven and patio where guests can enjoy stunning views of Cape Blomidon and the Minas Basin. The underground barrel cellar and vineyard marquee provide a stunning venue for weddings, social gatherings and corporate events. Lightfoot & Wolfville focuses on crafting artisanal wines that speak of their origin, including award winning Chardonnay, Pinot Noir, aromatic whites such as Riesling and sparkling wines.

JUNE 20 to OCTOBER 13:

TASTING ROOM HOURS 10am-6pm Monday to Wednesday 10am-9pm Thursday to Sunday

PATIO RESTAURANT HOURS

12pm-5pm Monday to Wednesday 12pm-3pm/5pm-8pm Thursday to Sunday

11143 Highway 1, Wolfville 902-542-7774 | lightfootandwolfville.com

#### **BAY OF FUNDY & ANNAPOLIS VALLEY MEMBERS**

#### Acadian Room

(Old Orchard Inn & Spa)

DINING ROOM / UPSCALE / CASUAL 153 Greenwich Road South, Wolfville 902-542-5751 See ad on page 31

#### Admiral Digby Inn & Restaurant

FAMILY RESTAURANT 441 Shore Road, Digby 902-245-2531 See ad on page 31

#### BlackRock Bistro

UPSCALE CASUAL / BISTRO 151 Main Street, Parssboro 902-728-3006

#### Cocoa Pesto (Woodshire Inn)

DINING ROOM 494 King Street, Windsor 902-472-3300

#### Crystany's Brasserie

UPSCALE / CASUAL 9848 Main Street, Canning 902-582-3663 See ad on page 31

#### Frank & Gino's

RESTAURANT / LOUNGE / FAMILY DINING 286 Robie Street, Truro 902-895-2165

# Fundy Restaurant / Dockside Restaurant & Bar

RESTAURANT / LOUNGE 34 Water Street, Digby 902-245-4950

#### Glengarry Restaurant (Best Western Truro)

RESTAURANT / LOUNGE 150 Willow Street, Truro 902-893-4311

#### Joe's Food Emporium

FAMILY RESTAURANT 434 Main Street, Wolfville 902-542-3033

#### Le Caveau Restaurant (Domaine de Grand Pré)

FINE DINING / GLOBAL CUISINE 11611 Highway 1, Grand Pré 902-542-7177 See ad on page 32

#### Old Road BBQ

BAR / GRILL 190 Industrial Avenue, Truro 647-235-6461

#### Paddy's Brewpub & Rosie's Restaurant

RESTAURANT / PUB 460 Main Street, Kentville 902-542-0059

#### The Port Pub and Bistro

PUB / BISTRO 980 Terry Creek Road, Port Williams



# Northumberland Shore





New tastes & new friends.



# Bambino's Pizzeria & Fine Foods

ITALIAN / TAKE-OUT



Bambino's opened its doors in 1986 and is still serving today! All pizzas are still cooked on stone ovens. Taste the difference. See you at Bambinos.

12 Prince Arthur Street, Amherst 902-667-7171



# **Breakfast at Brittney's**

FAMILY RESTAURANT / CAFE



A Breath of Fresh Air... Located in downtown Amherst. A wide selection of breakfast favorites! Crepes, waffles, pancakes, eggs benny, fresh fruit and great coffee. 7am to 2pm, 7 days a week!

45 Victoria Street, Amherst 902-660-3442



#### **Chowder House**

FAMILY RESTAURANT



The Chowder House, located in historic Tatamagouche, delivers the bounty of the eastern shoreline to your table. The Chowder House serves up a refined yet unpretentious take on regional seafood favorites in a breezy, casual atmosphere. Alongside the namesake variety of hot and savory chowders, the menu offers a wide variety of options ranging from favourites like our chicken quesadilla and much more than seafood. Enjoy refreshing cocktails, a carefully selected handful of local craft brews on our patio on a hot summer day.

265 Main Street, Tatamagouche | 902-657-2223 www.facebook.com/chowder.house.10/?fref=nf



# **Duncan's Pub**

PUB / CASUAL



Located in downtown Amherst, with seating for up to 65 people and a relaxing atmosphere. Great food, drink and music. See you at Duncan's!

49 Victoria Street, Amherst 902-660-3111



# Main Street Café (Maritime Inn - Antigonish)

CASUAL DINING







Take advantage of one of the best dining experiences in Antigonish. Offering delicious taste of Nova Scotia cuisine at reasonable prices. Our menus feature unique seasonal recipes and flavours that make our restaurant the choice for locals and a highlight of many of the travellers and tourists in our area.

158 Main Street, Antigonish | 902-863-4001 www.maritimeinns.com/en/home/maritime-inn-antigonish/dining



# Seagrape Café (at Jost Vineyard)

RESTAURANT / WINERY



Seagrape Café at Jost Vineyards offers fine, seasonal fare in an idvllic atmosphere. Our locally-inspired menu features lobster sliders, gourmet pizzas and charcuterie boards carefully selected to complement our award-winning wines. While you dine, enjoy a view of the vineyard from the comfort of the fireside lounge or relax on our open-air patio. Segarape Café is open May 8 to June 14. Wednesday to Sunday: 11am-4pm: June 15 to September 13, seven days a week: 11am-5pm; September 15 to December 23, Wednesday to Sunday: 11am-4pm.

48 Vintage Lane, Malagash 1-800-565-4567 | www.JostWine.ca



# The Townhouse Brewpub & Eatery

PUB / RESTAURANT







A cozy community-supported restaurant focusing on local food, wine, craft beer and spirits. The Townhouse highlights the best in N.S. craft beers, local wines by the glass and hand-crafted cocktails featuring Nova Scotian spirits. The menu changes with the season and offers a mix of east coast comfort food, international fare and classic pub favourites. The cozy atmosphere is a place where all are welcomed. Be sure to check out our website and keep up-to-date on what's going on at The Townhouse, Jazz Thursdays at 9pm, Irish Session and roast dinners Sundays.

76 College Street, Antigonish 902-863-2248 | www.antigonishtownhouse.com

# NORTHUMBERLAND SHORE **MEMBERS**

#### **Art of Eating Deli**

91 Victoria Street East, Amherst 902-660-9105

#### Bambino's Pizzeria & Fine Foods

FAMILY RESTAURANT 12 Prince Arthur Street, Amherst 902-667-7171 See ad on page 35

#### The Cape Cliff Dining Room (Fox Harb'r Resort)

DINING ROOM 1337 Fox Harbour Road, Wallace 1-866-257-1801

#### Ducky's (Ski Wentworth)

14595 Highway 4, Wentworth Valley 902-548-2089

#### Gabrieau's Bistro

UPSCALE / CASUAL 350 Main Street, Antiaonish 902-863-1925

#### Main Street Café (Maritime Inn - Antigonish)

CASUAL DINING 158 Main Street, Antigonish 902-863-4001 See ad on this page

#### Mother Webb's

STEAKHOUSE 4788 Highway 104, Antigonish 902-863-3809

#### The Townhouse Brewpub & Eatery

PUB

76 College Street, Antigonish 902-863-2248 See ad on this page









**NOVA SCOTIA** 

## **AVAILABLE IN SELECT NSLC STORES**

AND AT OUR BREWERY

IN TATAMAGOUCHE, N.S.

🚹 🗾 /TATABREW • TATABREW.COM





## Let us help you make sure you are sipping on an authentically local product

Local produce, meats, cheeses, beer and, in more recent years, craft spirits, are all at our fingertips in Nova Scotia. From Sydney to Yarmouth and everywhere in between, there are craft breweries, wineries and distilleries at every turn. Buying local is more popular than ever and supporting local businesses is a no-brainer, right? Well, it should be, but when it comes to purchasing craft spirits, there are a few tips to follow in order to ensure that the product you're buying is authentically crafted here in Nova Scotia. There are a variety of distilleries in Nova Scotia, which range from true grain to glass distilleries to others that don't operate a still — rather blending and bottling in the province with neutral grain spirits or alcohol that has already been gaed (you can buy spirits that are already made and just brand them for immediate sale). Some might argue that this is a marketing stunt and not a true embodiment of the purpose of buying and supporting local.

#### Tips on how to ensure you are buying an authentically locally produced craft spirit:

#### 1. Consider the price

Producing a craft distilled spirit from start to finish is an expensive undertaking. Therefore, the amount of care, time, ingredients and quality that make up the finished bottle is reflected in the prices we pay as consumers. If something seems too good to be true, it probably is. It is nearly impossible to craft an authentic spirit from start to finish for the same price as bigger brands. But don't worry about paving a little bit more for a local product. Those extra dollars go towards supporting locally sourced ingredients, thus supporting local farmers and foragers in the process.

#### 2. Go to the source and visit the distillery

If you can see their still in action and talk to somebody about the process, you can be sure it's authentically produced. Take a tour, ask questions, learn about their processes and taste the spirits before you purchase. Sounds like fun research to us!

#### 3. Read the label

Craft spirits which are authentically distilled start to finish here in Nova Scotia will proudly indicate this on the label. If a bottle doesn't indicate that it was fermented and distilled in Nova Scotia then chances are, it probably

#### 4. Be informed and ask auestions

If you understand the process, ingredients and steps it takes to make a spirit locally and from scratch, you'll understand how to make more informed decisions when making purchases.

#### 5. Use vour judgement

Like with anything in life, take the sales pitches with a grain of salt or on the rocks if you prefer.

# Cape Breton Island





Local experts share their secrets.



#### Baddeck Lobster Supper Limited

SEAFOOD / CASUAL

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Family-owned and operated, promoting locally-sourced seafood, wine, beer and more! During the summer season, you'll want to anchor your ship at the fire pit where we show you the ropes of planking Atlantic salmon over an open flame. Inside, our clan is busy serving up "All You Can Eat" mussels, chowder, and should you have room, one of our house-made desserts. Seating for 100 persons, reservations required for parties of six or more. Opens daily at 4pm.

17 Ross Street, Baddeck 902-295-3307 | www.baddecklobstersuppers.ca



#### **Cedar House Bakery and Restaurant**

FAMILY RESTAURANT / BAKERY



We are a full service family-style restaurant with an in-house bakery. We have been in business for 35 years with the best, hardworking staff in the world. We offer the best in-home cooking and fresh baked goods daily. Our menu includes items such as chowders (seafood, clam, corn and veggie), seafood dishes, turkey dinners, pizza, our famous fish cakes and homemade baked beans, as well as a wide selection of desserts. We offer something for everyone. We are also pleased to offer a variety of gluten-friendly options. No need to wake too early ... we serve a full breakfast menu all day. Open seasonally from May until October, 10am-8pm daily.

899 Highway 105, Boularderie East 902-674-2928

#### **Governors Pub & Eatery**

UPSCALE DOWNSTAIRS / CASUAL UP



For more than two generations this local family-owned eatery has been serving up fresh-from-the-ocean seafood of the highest calibre, choice hand-cut steaks from the best butchers and appetizers and mains that are distinctly East Coast. This hot spot for locals and showcase for musicians, features music just about every night of the week, with special Cape Breton ceilidhs (pronounced KAY-lees), on Wednesdays and Saturdays. For a local craft beer, a Cape Breton-inspired menu and warm, down-home hospitality, you can't beat a visit to Governors Pub & Eatery. Serving fresh local lobster year round!

233 Esplanade Street, Sydney 902-562-7646 | www.governorseatery.com





#### Kiju's Restaurant

FAMILY RESTAURANT

Visit Kiju's for our FRESH, LOCAL, FRIENDLY flavours!

We are pleased to offer a modern restaurant that has a relaxed and comfortable atmosphere. With a central fireplace and beautiful patio, we've got you covered all year round.

After being seated your dining experience begins with a chef inspired menu featuring a bounty of locally sourced ingredients. Our award winning culinary team are proud to feature innovative & unique seasonal dishes. Kiju's Restaurant offers two menus annually; the Spring/Summer menu and the Fall/Winter menu. With a well-chosen selection of gluten free, vegetarian, pub-style offerings, and award-winning dessert menu, we're sure that there will be something for everyone to enjoy!

Kiju's Restaurant also takes its beverages seriously, with daily features and many local Nova Scotia products! We offer wines, spirits, beers and ciders along with our own signature cocktails.

Delicious food, great drinks, friendly service — what more could you ask for? Entertainment, of course! Each Wednesday we host Celtic Serenade, a popular weekly Celtic jam session. We also offer entertainment on select dates throughout the year (visit us on social media, or our website for details).

We are proud Taste of Nova Scotia Members and take pride in featuring many local suppliers and producers on both our cuisine and beverage menus. We hope you join us at Kiju's to sample some of the best that Nova Scotia has to offer.

Our Corner Office is our secluded room with floor to ceiling windows, and is available for private bookings. This space is great for intimate gatherings or events.

Located less than five minutes from downtown Sydney, Kiju's Restaurant is on the second floor of the Membertou Trade and Convention Centre and is conveniently connected to the Hampton Inn via ped-way.

50 Maillard Street, Membertou 902-562-6220 | www.kijus.com



#### Harbour Restaurant & Bar

SEAFOOD / RESTAURANT



We are a family-run company since 2008 that takes pride in satisfying our local and touring visitors. Our goal is to offer our guests a unique experience, whether you are relaxing in our newly renovated suite, or enjoying a fine meal of seafood or pasta at the Harbour Restaurant & Bar. Our restaurant is fully licensed and offers magnificent views of the ocean. Reservations are strongly recommended.

15299 Cabot Trail, Cheticamp 902-224-1144 | www.baywindsuites.com



#### **TALO Café Bar**

RESTAURANT / PUB / CAFÉ



TALO is a licensed restaurant, bar, café and social room located in Downtown Glace Bay, just a three-minute drive from the Miners Museum. "Take a Load Off" and enjoy fresh seafood, pasta, artisan pizzas, sandwiches, wine, craft beer and live local music in a shabby chic atmosphere. Monday and Tuesday: 11am-8pm; Wednesday and Thursday: 11am-9pm; Friday: 11am-11pm; Saturday: 10am-11pm; Sunday: 10am-8pm.

195 Commercial Street, Glace Bay 902-842-2195 | talocafebar.com

#### **CAPE BRETON MEMBERS**

#### **Baddeck Lobster Suppers**

DINING ROOM 17 Ross Street, Baddeck 902-295-3307 See ad on page 40

#### **Bell Buoy Restaurant**

DINING ROOM 536 Chebucto Street, Baddeck 902-295-2581

#### Bras d'Or Lakes Inn

FINE DINING 10095 Grenville Street, St. Peter's 902-535-2200

#### Cedar House Bakery & Restaurant

FAMILY RESTAURANT / BAKERY 899 Highway 105, Boularderie East 902-674-2929 See ad on page 40

#### Danena's Café & Bakery

CAFÉ / BAKERY 3001 Cabot Trail, South Harbour 902-383-2408 Opening Soon

#### Flavors Catering & Fine Foods Ltd

CATERING / RESTAURANT 16 Pitt Street, Sydney 902-562-6611

#### **Governors Pub & Eatery**

PUB 233 Esplande Street, Sydney 902-562-7646 See ad on page 40

#### The Grubstake Restaurant

BAR / GRILL 7499 Main Street, Louisbourg 902-733-2308

#### Harbour Restaurant & Bar

BAR / GRILL 15299 Cabot Trail, Cheticamp 902-224-1144 See ad on page this page.

#### Kiju's

#### (Membertou Trade & Convention Centre)

FAMILY RESTAURANT 50 Maillard Street, Sydney 902-562-6220 See ad on page 41

#### Le Gabriel Restaurant

FAMILY RESTAURANT 15424 Cabot Trail, Cheticamp 902-224-3685

#### Lobster Gallev

FAMILY RESTAURANT South Haven, Baddeck 902-295-3100

#### MidTrail Restaurant (MidTrail Motel & Inn)

DINING ROOM 23475 Cabot Trail, Pleasant Bay 902-224-2529

#### Miller's Seafood & Chophouse (Maritime Inn - Port Hawkesbury)

CASUAL DINING 717 Reeves Street, Port Hawkesbury 902-625-0320

#### The Old Triangle Irish Alehouse

PUB 424 Charlotte Street, Sydney 902-270-8003

#### Portside Beer Garden

BEER GARDEN / OPEN AIR RESTAURANT 144 Esplanade Street, Sydney Opening Soon

#### The Red Barn Restaurant

FAMILY RESTAURANT 2 Cabot Trail, Baddeck 902-295-3036

#### Red Shoe Pub

DINING ROOM 11573 Mabou Highway 19, Mabou 902-945-2996

#### Route 19 Brewing - Tap & Grill

RESTAURANT / BAR 16030 Central Avenue, Inverness 902-550-2739

#### Seaside Restaurant (Island Sunset Resort & Spa)

RESTAURANT / LOUNGE 19 Beach Cove Lane, Margaree Harbour 902-235-2669

#### Talo Café Bar

RESTAURANT / PUB / CAFÉ 195 Commerical Street, Glace Bay 902-842-2195

# Eastern Shore



Tasty treats abound. Reward yourself!



## EASTERN SHORE MEMBER

Tin Roof Mercantile & Café

CAFÉ / BISTRO 6321 Highway 7, Head of Chezzetcook 902-827-5313





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TIDALBAY.CA

### Discover Nova Scotia's signature white wine.

Officially launched in June 2012, Tidal Bay is the first wine appellation for Nova Scotia. A white wine with unique character, it brilliantly reflects the terroir, coastal breezes and cooler climate of our region. Described as the very essence of Nova Scotia in a glass, it is cool, crisp, lively and aromatic. The perfect pairing for our local seafood or for socializing with friends.



TAL O. CAFÉBAR

10% off any seafood dish

Offer expires August 31, 2019

195 Commercial Street, Glace Bay 902-842-2195 | www.talocafebar.com

# DINE DEALS



#### Half Price Appetizer

with purchase of **2 Mains** 

Expiry: August 31, 2019

## **CURRY VILLAGE**

Quality, quantity & the best price in the city!

15% discount

Cash only, dine-in only, expires Sept. 30, 2019

1569 Dresden Row Courtyard, Halifax 902-429-5010 | www.curryvillage.ca



BUY ANY MENU ITEM AND GET A SECOND MENU ITEM OF EQUAL OR LESSER VALUE FOR HALF PRICE.

AVAILABLE MONDAY TO WEDNESDAY ONLY.

Expires December 31, 2019.

1 1



Expires December 31, 2019.

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# Fridays are for lovers

(of food).

Pick up The Chronicle Herald every Friday for the latest from our regular foodies and a few new ones.

#### **Including:**

MILLEE MCKAY
Millennial Homemaker

CHEF ILONA DANIEL Food Seductress

TERRY BURSEY
The Food Dude

MARK DEWOLF With Zest

**KELLY NEIL**The Nanny Project

**KATHY JOLLIMORE**The List



Conversations matter. Stay involved.



# When only Nova Scotia's finest will do.

Our Tidal Bay is regularly selected to represent the best of Nova Scotia on the world stage. It has been proudly served at:

- The World Economic Forum, The Hague, Netherlands.
- Nova Scotia Week at Park Hyatt, Zürich, Switzerland.
- NATO headquarters, Stavanger, Norway.
- Canada House, London, England.
- **■** Canadian Embassies around the globe.
- ■◆■ Home with friends on Saturday night.



— ESTº 1983 —