

RESTAURANT ASSOCIATION OF NOVA SCOTIA



**2026
-2027**

Meet & Greet Guide



RANS Meet & Greets



RANS Meet & Greets are an opportunity for the Restaurant Association of Nova Scotia to get to know restaurant owners around the province.

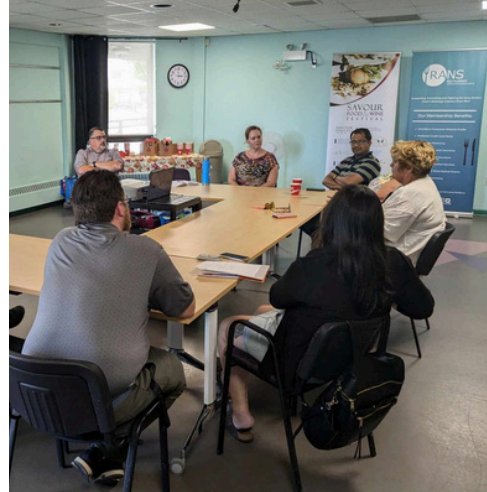
These discussions give us a better understanding of the specific needs of regions across Nova Scotia

TOGETHER WE'RE STRONGER

When we work with municipalities, community groups, BIDs and RENs, we learn what resources are already out there, to know where we can best focus our efforts to support Nova Scotia restaurants. Contact us today to schedule a meet and greet in your area.

How does it work?

We will start by chatting with you to learn a bit about your area. Then we will work together to discuss the following elements:



- **Number of sessions:** one meet and greet to reach a more populated area, or more than one session to cover a number of smaller communities
- **Date & Time:** consider the seasonality of your region, and peak times for restaurants
- **Venue:** Community venues (library, town hall, legion), or Local Restaurants
- **Marketing:** We work together to decide on the best ways to reach restaurants in the region - mail invites, social media, e-marketing, phone calls
- **Refreshments:** We typically source light refreshments from a local business - coffee is prepared on site when the facilities are available

Who can attend?



RANS Meet & Greet
are open to food &
beverage businesses
across the province.
Businesses do not
need to be members
of RANS.

We extend invitations to any local organizations or community groups that also support the industry - such as employment agencies, municipality representatives, or suppliers that serve the region.

How can you book a meet & greet?

Contact RANS today and we will get started!

Heather Boucher
Membership & Marketing Coordinator
heather@rans.ca
902-429-5343

